- 1. A skin lightening product comprising components (a) a flavanoid, (b) vitamin C and (c) vitamin E wherein at least component (b) is provided in a form suitable for systemic administration with the other components being provided in a form suitable for topical administration.
- 2. A skin lightening product according to claim 1 wherein (a) and (b) are provided in a form suitable for systemic administration and (c) is provided in a form suitable for topical administration.

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- 3. A skin lightening product according to claim 1 wherein components (a), (b) and (c) are provided in a form suitable for systemic administration.
- 4. A skin lightening product according to any one of the preceding claims wherein the form suitable for systemic administration is an oral dosage form.
 - 5. A skin lightening product according to any one of the preceding claims wherein the flavanoid is provided as a plant extract.
- 20 6. A skin lightening product according to any one of the preceding claims wherein the flavanoid is selected from quercetin, hesperetin, grape seed extract and French maritime pine bark extract.
- 7. A skin lightening product comprising a first composition for oral administration which comprises a flavanoid and vitamin C, and a second composition for topical administration which comprises vitamin E.
 - 8. A method of increasing the ratio of light melanin to dark melanin in the skin of a mammal, the method comprising administering to said mammal an effective amount of (a) a flavanoid, (b) vitamin C and (c) vitamin E wherein at least component (b) is administered systemically and the other components are administered topically.

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9. A method of increasing the ratio of light melanin to dark melanin in the skin of a mammal, the method comprising administering to said mammal an effective amount of (a) a flavanoid, (b) vitamin C and (c) vitamin E wherein components (a) and (b) are administered systemically and component (c) is administered topically.

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- 10. A method of increasing the ratio of light melanin to dark melanin in the skin of a mammal, the method comprising administering systemically to said mammal an effective amount of (a) a flavanoid, (b) vitamin C and (c) vitamin E.
- 11. A product according to any one of claims 1 to 7 for use in increasing the ratio of light melanin to dark melanin in the skin of a mammal.
- 15 12. Use of a product according to any one of claims 1 to 7 for increasing the ratio of light melanin to dark melanin in the skin of a mammal.
 - 13. A method of modulating the production of melanin in the skin of a mammal which comprises administering to said mammal (a) a flavanoid, (b) vitamin C and (c) vitamin E wherein at least component (b) is administered systemically and the other components are administered topically.
 - 14. A product according to any one of claims 1 to 7 for use in modulating the production of melanin in the skin of a mammal.
 - 15. Use of a product according to any one of claims 1 to 7 for modulating the production of melanin in the skin of a mammal.